# Kids Fun Race Details

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#### **OVERVIEW**

Although on–street practice is the best test of students' new safety skills, one option for areas where that's just not possible is the Kids Fun Race, where everyone wins!

A field or park is an ideal place for the Kids Fun Race. Set up a loop with a distance for the youngest riders that you expect to participate; the older riders can go around more times. For added fun, design the course to go around trees and through some small dips or bumps. The course can be marked using surveyor tape and tent stakes or large nails. Wrapping the tape around trees, poles and large cones is helpful in certain conditions.

Before setting up, have children test the course for difficulty and distance. A good number of riders for each "heat" should have 5–15 riders. As each rider completes their ride they are awarded with cheers and a medallion.

Suggested age categories are (the groups can be also separated by gender):

- Training Wheels
- 3–4 year old
- 5-6 year olds
- 7–8 year olds
- 9–10 year olds
- 11–12 year olds

#### **VOLUNTEERS**

Leader	 	
Volunteer_	 	
Volunteer		



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### **SUPPLIES**

	Surveyor Tape
	Tent stakes or large nails
	Large cones
	Clear wide tape
	Race numbers (p. 96) (distributed at registration and put on bikes)
	Race forms divided by age category on clipboard with pen
٦.	Medallions

#### **INSTRUCTIONS**

- 1. Leader and volunteer set up course.
- 2. Leader also needs to coordinate with registration to ensure that riders are accounted for. Race numbers with twist ties are distributed during registration.

## At registration:

- 3. Pick out race # and write # on waiver. Write child's first name on front of number to help the crowd cheer them on by name. Attach race # to bike with three twist ties.
- 4. During registration, fill in Race Form sheets according to age. Put a check on waiver to know that info has been transferred.
- 5. Before handing list over to race leader, double check race form to insure the number of riders matches the number registered.
- 6. Prepare medals according to number of riders signed up and have ready for Leader.
- 7. Give filled out Race Form to Leader.

## **RACE**

- 1. Assemble all the riders
- 2. Pre Ride—organize groups of 15 according to age to pre ride the course for one lap.
- 3. Pull everyone off the course.
- 4. Call names by age to line up for the race.
- 5. Announce how many laps that group will ride.
- 6. Ready, set, go!
- 7. Cheer all riders and call out their name as they pass.
  - 8. During races, be at finish to put medal on each child as they finish.
  - 9. Have FUN!
  - 10. Volunteers take down course and leave the area clean.



# Kids Fun Race Form

AGE CATEGORY (CIRCLE ONE)

Training Wheels 3-4 year-olds 5-6 year-olds

7-8 year-olds 9-10 year-olds 11-12 year-olds

Age	Name	Bib#
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Use a different registration sheet for each age category. It is easiest to fill these out at the start of the Bike/Walk Rodeo, at the registration area (Station A).

