



BikeTexas
**Safe Routes
to School**

The BikeTexas Safe Routes to School program unites communities toward the common goal of establishing and maintaining safe, active and healthy lifestyles for children and safer, healthier communities for everyone.

**How can
you participate?**

Encourage your friends to bike or walk to school on event days.

Make plans to meet up with your friends and create bike trains or walking school busses to bike or walk together.

Decorate your bikes.

Make and carry signs and posters to take with you to help promote and encourage walking and biking to school in your neighborhood.



BikeTexas
Texas Bicycle Coalition
www.BikeTexas.org

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Austin, Texas 78767-1121
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Fax 512-476-7458
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Mark your calendar!
Celebrate National Bike Month in May!
Join us for a
Texas Bike & Walk to School Day!



share

the importance and fun
of physical activity

teach

children safe walking
and bicycling behavior

help

students arrive more alert
and ready to learn

instill

responsibility and
self-confidence in children

reduce

traffic congestion and
speed near schools

reclaim

neighborhood streets

**Be Healthy!
Stay Safe!
Have Fun!**

For more information or to volunteer for
Texas Bike & Walk to School Day in your community,
please visit www.BikeTexas.org.

Advancing Bicycle Access, Safety & Education - www.BikeTexas.org



BikeTexas
Safe Routes
to School

Six Simple Steps for Staying Safe!



artwork courtesy
of Marin County
Bicycle Coalition
Safe Routes
to Schools



Follow
these
SIX
SIMPLE
STEPS
when biking
or walking

- 1 STOP, LOOK and LISTEN** at every road edge.
- Look **LEFT**, look **RIGHT**, then **LEFT AGAIN**.
- 3 NEVER** run across the street.
- 4 CROSS CAREFULLY**; the safest place to cross is in a crosswalk or at a corner.
- Always **WEAR A HELMET** when riding a bike. The helmet should fit properly. It must be snug, level and securely fastened.
- 6 OBEY** all traffic signs and signals.



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For a complete reference of Texas Bicycle Laws, visit
www.BikeTexas.org

Advancing Bicycle Access, Safety & Education